

# Ascension Borgess Health & Fitness - GYM SCHEDULE Effective Winter '24-'25

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front
*court sharing is mandatory during open times		GX											
									Athletic Performance			Closed	
												GX	Member Priority (no half/full court bball)
Closed				Healthy Steps				Healthy Steps			GX		
				GX	9:30				9:30			GX	
		GX		GX						GX		GX	
		GX		Novice Pickleball				Novice Pickleball				GX	
		GX										GX	
		12:15 Pickleball				12:15 Pickleball				12:15 Pickleball			
		Family Time		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players		Basketball		Member Priority (no half/full court bball)	
			Athletic Performance				Athletic Performance				Athletic Performance		
		Member Priority (no half/full court bball)			Member Priority (no half/full court bball)			Member Priority (no half/full court bball)		Member Priority (no half/full court bball)			Member Priority (no half/full court bball)
		GX											
		Basketball		Best Damn Volleyball		Basketball		Best Damn Volleyball		Family Time		*GX instructors can take over the space 20 min before class to prep	
		Basketball		Best Damn Volleyball		Basketball		Best Damn Volleyball		Family Time		*GX instructors can take over the space 20 min before class to prep	
		Closed											