

# Ascension Borgess Health & Fitness - GYM SCHEDULE Effective Fall 2024

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY								
Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front							
*court sharing is mandatory during open times  Closed  Closed  *No full court basketball allowed outside of designated times  *2 pickleball nets max outside of designated times	6	GX																		
	7							Athletic Performance				Closed								
	8			Healthy Steps				Healthy Steps				GX								
	9			GX								GX								
	10		GX		9:30 Novice Pickleball				9:30 Novice Pickleball				Basketball							
	11		GX				GX								GX					
	12		GX		GX		GX		GX		GX									
	1		12:15 Pickleball		12:15 Pickleball		12:15 Pickleball		12:15 Pickleball		12:15 Pickleball									
	2	Family Time		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players								
3	Family Time			Athletic Performance				Athletic Performance				Family Time								
4			Closed							Family Time										
5			Closed							Family Time										
6	*No full court basketball allowed outside of designated times		GX		Athletic Performance		Athletic Performance		Athletic Performance		Athletic Performance				Closed					
7			Basketball										Athletic Performance		Basketball		Basketball		*GX instructors can take over the space 20 min before class to prep	
8			Basketball										Athletic Performance		Basketball		Basketball		Family Time	
9	*2 pickleball nets max outside of designated times		Basketball		Athletic Performance		Basketball		Basketball		Family Time		*GX instructors can take over the space 20 min before class to prep							
Closed																				