

LES MILLS



LAUNCH PARTY

FRIDAY, APRIL 19 - SUNDAY, APRIL 21

FRIDAY, 4/19

SPRINT (6:45-7:15a)
Cycle Studio

BODYPUMP (7-8a)
Aerobic Studio

LM CORE (8:15-8:45a)
Aerobic Studio

RPM (9-9:45a)
Cycle Studio

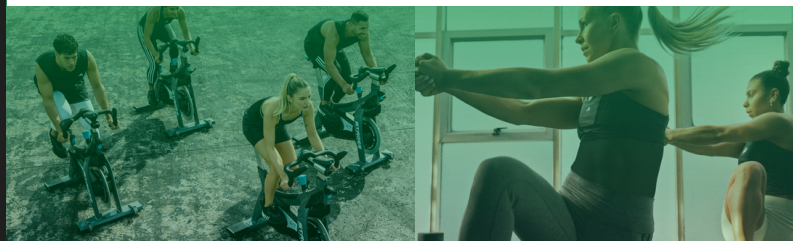
Tone (10-10:45a)
Gym Floor

BODYPUMP (11a-12p)
Aerobic Studio

SATURDAY, 4/20

Tone (7:15-8a)
Aerobic Studio

SPRINT (8:30-9a)
Cycle Studio



SUNDAY, 4/21

BODYPUMP (10:15-11:15a)
Aerobic Studio

SPRINT (11:30a-12:30p)
Cycle Studio



Guests and Non-members are welcome to attend Launch classes for FREE!



**Ascension
Borgess**

HEALTH & FITNESS

Member
Raffle

