

Ascension Borgess Health & Fitness - GYM SCHEDULE Effective Apr 2024 - June 2024

		SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
		Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	
6	*court sharing is mandatory during open times	GX														
7														Closed		
8		Closed				Healthy Steps				Healthy Steps						
9					GX										GX	
10			GX				9:30				9:30				Basketball	
11			GX		GX				GX		GX					
12			GX				Novice Pickleball		GX		Novice Pickleball		GX			
1			12:15 Pickleball				12:15 Pickleball				12:15 Pickleball					
2	Family Time		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players				Family Time	
3					Performance Athletic				Performance Athletic				Performance Athletic			
4			Closed													
5	*No full court basketball allowed outside of designated times				Performance Athletic				Performance Athletic				Performance Athletic		Family Time	
6																
7	*2 pickleball nets max outside of designated times		GX												*GX instructors can take over the space 20 min before class to prep	
8			Basketball				Basketball						Family Time			
9																
Closed																