

Ascension Borgess Health & Fitness - GYM SCHEDULE Effective Nov 2023 - Mar 2024

SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	Back	Front	
6	Closed	GX										Closed		
7												Closed		
8														
9				Healthy Steps				Healthy Steps						
10				GX	9:15				9:15			GX		
11		GX		GX				GX					Basketball	
12		GX												
1														
2		12:15 Pickleball		Novice Pickleball		12:15 Pickleball		Novice Pickleball		12:15 Pickleball				
3	Family Time	*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players		Basketball		*SW Court will be reserved for novice players				
4	Closed		Athletic Performance		Athletic Performance		Athletic Performance		Athletic Performance		Athletic Performance	Family Time		
5														
6														
7		GX												
8	*white areas are first come first serve*	Basketball		BDSC Volleyball		Basketball		BDSC Volleyball		Family Time		*white areas are first come first serve*		
9														
9:30		Closed		Closed		Closed		Closed		Closed				